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30 Days To Taming Your

"30 Days to Taming Your Emotions by Deborah Smith Pegues is a godsend. After being in the ministry for 39 years, I know a good read and a good resource book. This book is an easy read, right to the point and full of God's wisdom.

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30 Days to Taming Your Emotions: Discover the Calm ...

30 Days to Taming Your Tongue is a good book to read. Did it take me 30 days to read this book? No. But I can definitely see myself rereading this sometime and actually taking 30 days to read it so I can ponder on each day's reading better. I loved how each day started with a Bible verse and ended with a short affirmation based of the day's ...

30 Days to Taming Your Tongue by Deborah Smith Pegues

Deborah Smith Pegues, behavioral specialist and bestselling author of 30 days to Taming Your Tongue (more than 500,000 copies sold), sheds light on rational and irrational fears and offers readers a path of hope and assurance.. With her trademark clarity and practical wisdom, Deborah addresses spiritual, relational, physical safety, financial, and emotional fears with godly principles and ...

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This is why she wrote the popular 30 Days to Taming Your Tongue (850,000 copies sold). Now in trade size, Pegues's 30-day devotional will help each reader not only tame their tongue but make it productive rather than destructive. With humor and a bit of refreshing sass, Deborah devotes chapters to learning how to overcome the. Retaliating Tongue

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30 Days to Taming Your Anger - Deborah Pegues

Deborah Smith Pegues, author of the popular 30 Days to Taming Your Tongue (over 500,000 copies sold), now offers friendly, doable money management strategies in 30 Days to Taming Your Finances. Giving readers the benefit of her many years' experience as a public accountant and certified behavioral consultant, Deborah sheds light on the emotional and practical side of putting finances in order.

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30 Days to Taming Your Anger provides Scripture-based principles, heart-searching personal challenges, and powerful affirmations that point you to a new sense of freedom and improved relationships. Perfect for individual devotions, small groups, and biblical counseling.

30 Days to Taming Your Anger - Focus on the Family

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30 Days to Taming Your Emotions provides Scripture-based principles, heart-searching personal challenges, and healing prayers and affirmations that point readers to a new sense of emotional freedom. Compilation of Supreme Confidence, 30 Days to a Great Attitude, and 30 Days to Taming Your Stress.

30 Days to Taming Your Anger: How to Find Peace When ...

Now that more than 500,000 copies of 30 Days to Taming Your Tongue have been sold, thousands of readers with tongue trouble can testify that Deborah Pegues' approach works in real, everyday life. As a companion to the bestselling book, this 30-day guide will help readers put into practice what they're learning.

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From Deborah Pegues, popular author of 30 Days to Taming Your Tongue (more than 500,000 sold), comes an indispensable guide for overcoming the emotional barriers that rob men and women of

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life's fullness and derail their personal and professional relationships.. Pegues uses biblical and modern-day examples to help readers identify and overcome the obstacles that hold them ba

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Drawing from her popular book 30 Days to Taming Your Tongue (more than 500,000 copies sold), Deborah shares effective ways to exchange destructive language for productive communication in this insight-packed DVD series. With humor and engaging personal stories, Deborah presents six biblically based, 30-minute sessions and shares how viewers can embrace a life-changing outlook, purpose, and ...

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30 Days to Taming Your Tongue: What You Say (and DON'T SAY ...

30 Days to Taming Your Anger with Deborah Pegues Part 1 - Duration: 28:31. Marilyn Hickey Ministries 2,232 views. 28:31 " Breaking Ungodly Soul Ties "-- Pastor Paula White-Cain - Duration: 1:21: ...

30 Days to Taming Your Emotions with Deborah Pegues - Part 2

Now that more than 850,000 copies of 30 Days to Taming Your Tongue have been sold, thousands of readers with tongue trouble can testify that Deborah Pegues' approach works in real, everyday life. As a companion to the bestselling book, this interactive 30-day guide will help readers put into practice what they're learning. Features include... questions that will help readers think through how ...

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